



Respite
with Linda

20-22 September



PANCAKES FOR EVERYONE!

HOOOF PRINTS SOCIAL PROGRAM

NATURE WALK AND A TRIP TO FLIP OUT



Registered NDIS Provider



PANCAKES FOR EVERYONE!

Linda is usually the professional pancake maker on a Saturday morning but this weekend she had some very keen helpers. There were (not very successful!) attempts to make a pancake as big as the pan, and even some funny face pancakes! Cooking together helps us to practice following step-by-step instructions, measuring ingredients and watching our delicious creations develop!

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Saturday @



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HOOF PRINTS SOCIAL PROGRAM

On Saturday, our very first job was to bake a special birthday cake so it was ready to ice when we got home. Fun fact - our birthday girls chose black icing which led to a fun debate about how black is actually a shade, not a colour!

Then it was off for the day to the Hoof Prints Social Program where we immersed ourselves in farm life. We got to bottle feed the cutest calves, as well as brushing and cuddling so many different animals. There were bubbles to blow and activities to join in, with our favourite being painting with the stencils!

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NATURE WALK AND A TRIP TO FLIP OUT

On Sunday we planned to head to Flip Out, but since we had some time up our sleeves in the morning, we added a nature walk to the agenda. In the creek we spotted a metal fish (AKA shopping trolley!), and in one of the big trees we even spied a super long snake. We stopped for a play at the playground and collected lots of treasures (seed pods) along the way. We still had loads of energy when we got to Flip Out and did not stop the whole time!

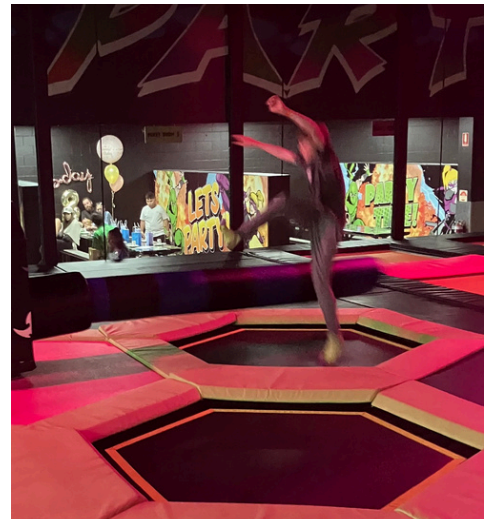
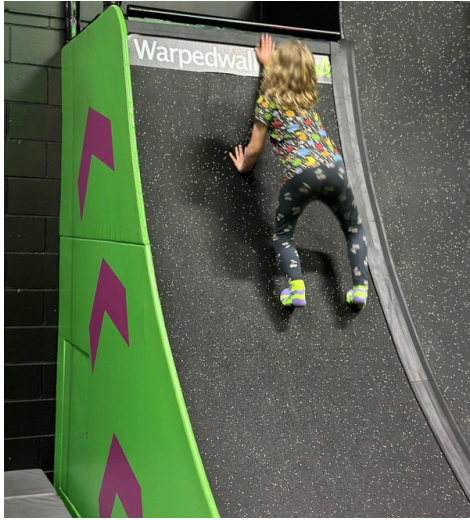


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Sunday @



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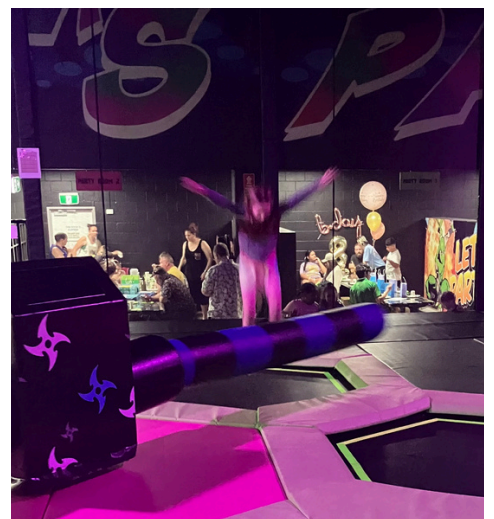
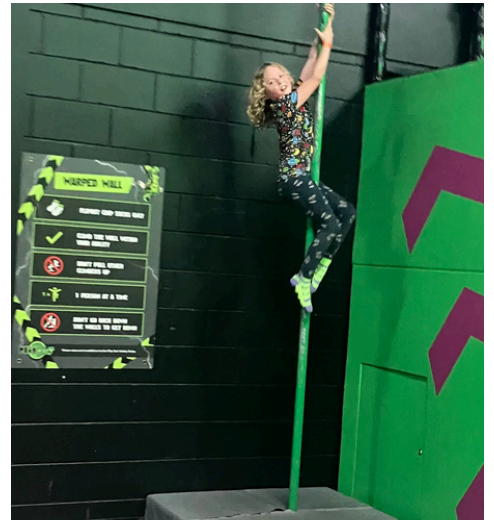
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PROVIDER

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In the spirit of reconciliation, Respite with Linda acknowledges Country and the traditional Custodians of the land, seas and waterways where we live, work and play.

Respite with Linda and all its staff respect local Kabi Kabi, Jinibara and Turrbal Aboriginal elders, past and present and their continued determination to keep culture alive and strong.



What's coming up at Respite with Linda?!

Click the picture below to check out our newest Adventure Blueprint which contains all our plans for the next 3 months. We can't wait to see who is joining us for these incredible weekends of respite!



Respite with Linda
Adventure Blueprint
1 October - 31 December 2024

Logos included: WHITE RIDGE FARM, WICKED, BRAND FOR THE TWIST, I Met My Plants, Garden & Gift, PINOT+PICASSO Redcliffe, FLAMINGO SPIEGELAND, 2 Bent RODS, FLIPSIDE CIRCUS, and a VR headset.

[ANSWER 5 MIN SURVEY HERE](#)

