



## Surf's Up at Currimundi

What a wave-filled weekend!

After an early start, our crew joined Disabled Surfers

Sunshine Coast for an awesome day at Currimundi.

Some hit the waves, others played in the sand—

everyone had fun and gave it their best!

Thank you to all the amazing volunteers who made

the morning so welcoming and supportive.

## Halloween Weekend Fun

Spooks, giggles, and Our Halloween weekend started at the Madness & Mayhem Festival and the Halloween Hologram Experience — then continued with loot bag decorating, chocolate spiders \*\*, and a front-yard trick-ortreat treasure hunt. A weekend full of creativity, laughter, and a few friendly frights!



## **Family Resource**

This one seems fitting for our current changeable weather https://www.psychologytoday.com/au/blog/inside-out-outside-in/202303/storm-anxiety-11-tips-to-help-your-child-cope

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