

THE MAGIC OF CHRISTMAS STARTS HERE FIND OUT HOW TO JOIN THE 2025 CHILDREN'S CHRISTMAS PARTY!



On Saturday, we visited the Sir Thomas Brisbane Planetarium for a structured and engaging learning experience. The visit included a viewing of Tycho Goes to Mars in the Dome Theatre, followed by a guided virtual tour of Brisbane's night sky. These sessions offered a great opportunity to build on science knowledge in an accessible and enjoyable way.

After exploring the exhibits — many of which encouraged hands-on interaction and group discussion — we headed to Kidspace at Chermside for a picnic lunch and time on the playground. This setting allowed participants to practise social skills, engage in physical activity, and enjoy some time outdoors in a supportive environment.

All activities were designed to align with individual NDIS goals and support skill development through community participation.

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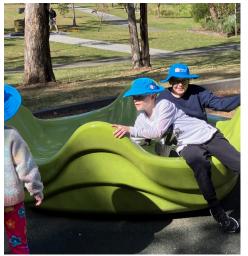
Activity/ Setting	What we did and why it matters	NDIS Goals Supported
Sir Thomas Brisbane Planetarium	Watched 'Tycho Goes to Mars' and explored the night sky in the Dome Theatre. Explored hands-on exhibits. These activities supported learning, engagement, and group participation in a structured environment.	Improved daily living skills, increased social participation, enhanced communication
Kidspace Playground , Chermside	Had a picnic lunch and played on the all-ages playground. This provided opportunities for social interaction, physical activity, and self-regulation in a relaxed setting.	Social skill development, physical coordination, emotional regulation

Saturday @ Respite with Linda



















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On Sunday, we visited White Ridge Farm for a relaxed day of hands-on learning and outdoor exploration. The children enjoyed feeding and interacting with a range of animals including goats, sheep, alpacas, a donkey, and chickens. There were also plenty of opportunities to gently pat baby animals such as lambs, rabbits, and guinea pigs — encouraging confidence and sensory engagement.

A ride on the trackless train and a guided tractor tour gave us a chance to explore the farm further — with a few surprises along the way, including a fruit salad tree, a money tree, and even a unicorn sighting.

After a picnic lunch under the trees, a friendly game of mini golf helped wrap up the day. The outing supported a range of participant goals through social interaction, physical activity, and meaningful engagement with the natural environment.

Activity/ Setting	What we did and why it matters	NDIS Goals Supported
White Ridge Farm	Fed and interacted with a variety of animals, took part in train and tractor rides. These experiences supported confidence, sensory regulation, and curiosity about the environment.	Increased confidence, social participation, sensory engagement
Picnic and Mini Golf	Ate lunch at picnic tables and played mini golf. Supported social connection, turn-taking, and coordination in an inclusive setting.	Improved communication, physical coordination, peer interaction





















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🌲 2025 Children's Christmas Party – You're Invited! 🌲

We're thrilled to share that Respite with Linda (RWL) has access to this year's Children's Christmas Party—an exclusive, invitation-only event for children with disabilities.

- 📍 Saturday 22 November
- ₱ Brisbane Convention and Exhibition Centre

What to Expect

- Live entertainment and rides
- Free food and treats
- · A visit from Santa with 3 gifts for every child

How to Attend

Families can:

- Request free tickets for their child + 1 adult, or
- Book into our respite weekend (21–23 Nov) where we'll take a small group to the event

✓ Who's Eligible?

Children aged 0–12 who are eligible for the NDIS (they don't need to be receiving supports)

RSVP by 31 August

To secure tickets or a respite spot, contact Linda:

- **4** 0490 793 613
- 🛂 linda@respitewithlinda.com.au

ANSWER 5 MIN SURVEY HERE





