



DOWN THE RABBIT HOLE AND INTO THE PLAYGROUND

A DAY OF DISCOVERY ON BRIBIE ISLAND





On Saturday morning, our group travelled to Burpengary Library to participate in a community arts program celebrating the 160th anniversary of Alice in Wonderland. The library hosted a ceramic painting session inspired by the Mad Hatter's Tea Party. Each child had the opportunity to design and paint their own cupcake-themed pottery plate, encouraging creativity, fine motor skills, and following multi-step instructions. After the session, we enjoyed a relaxed picnic lunch at the nearby Bunya Adventure Playground. This large play space provided an opportunity for social interaction, turn-taking, and physical activity in a natural outdoor setting.







Activity/Setting	What we did & Why it matters	NDIS Goals Supported
Ceramic painting session at Burpengary Library	Encouraged self-expression, fine motor coordination, and following instructions within a group setting	<ul> <li>Build confidence in new environments</li> <li>Develop fine motor and creative skills</li> <li>Engage in community-based activities</li> </ul>
Bunya Adventure Playground	Promoted physical activity, coordination, and shared play	<ul> <li>Improve physical strength and balance</li> <li>Build friendships through shared outdoor play</li> <li>Increase community participation</li> </ul>















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## A DAY OF DISCOVERY ON BRIBIE ISLAND

With beautiful weather on our side, Sunday was spent exploring the Bribie Island Butterfly House. This immersive experience offered opportunities to learn about butterfly lifecycles, habitats, and the role these insects play in biodiversity. Children engaged with tactile displays, observed different butterfly species up close, and practised respectful behaviour in sensory-rich a environment.

We wrapped up the day with another picnic lunch and free play at the Bongaree main playground. The large climbing structures, swings and sensory features supported movement, confidence-building, and peer interaction.

Activity/Setting	What we did & Why it matters	NDIS Goals Supported
Bribie Island Butterfly House	Supported sensory regulation, learning about nature, and respectful social behaviour in shared spaces	<ul> <li>Expand knowledge of the natural world</li> <li>Practise appropriate behaviour in public settings</li> <li>Build attention and listening skills</li> </ul>
Bongaree Playground	Provided opportunities for gross motor play, problem-solving and turn-taking	<ul> <li>Increase social interaction with peers</li> <li>Improve physical confidence and skills</li> <li>Strengthen independence in community settings</li> </ul>













Flowers provide the best fuel for butterflies, we have thousands of flowers but not nearly enough! Extra fuel is supplied at this refueling depot. It is a special mix of water, sugar, vitamins and minerals.











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## 📝 Why We're Sharing This Information

At Respite with Linda, we now include extra notes after each weekend to explain:

- Why we chose each activity
- What skills or goals it supports
- How it connects to each child's NDIS plan

We're not doing this because we have to — we're doing it because we believe respite care is about more than just taking a break.

It's about helping children:

- grow in confidence
- build friendships and skills
- experience the community in a safe, supported way

This information can also help you and your Support Coordinator when it's time for NDIS reviews — showing real progress and meaningful outcomes from Short Term Accommodation/respite with us.



