



*I am going to
Respite with Linda*



On Friday afternoon at 4pm, my Mum, Dad or Carer will drop me off at Respite with Linda. I will have a bag or suitcase packed with all of the things I'll need for the weekend, like clothes, shoes and toiletries.



Linda



Helen



Laura

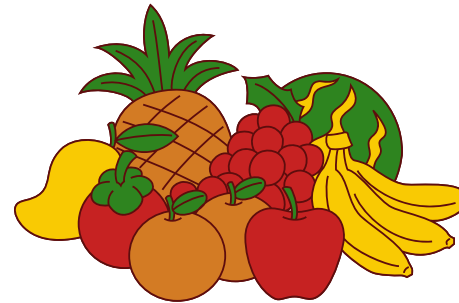


Tiana

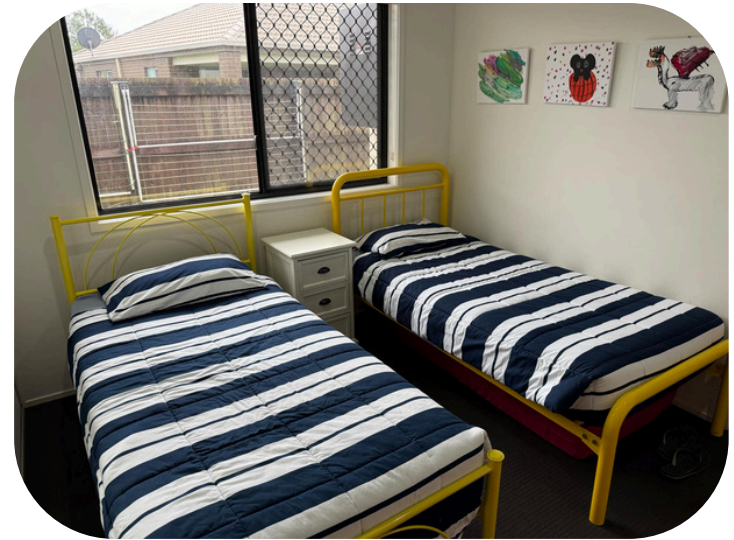


Tracey

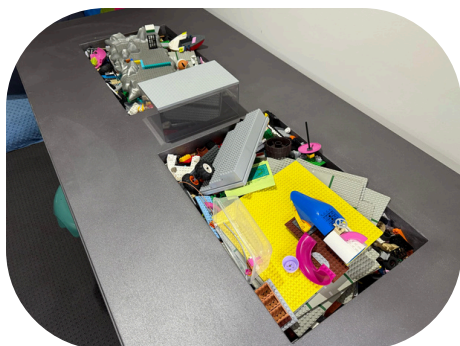
While I am at Respite with Linda, I will have a mix of different carers. They will all look after me and keep me safe and happy.



At Respite with Linda, there will always be lots of yummy food to enjoy. Sometimes we like to help Linda with the baking, especially if it's for someone's birthday!



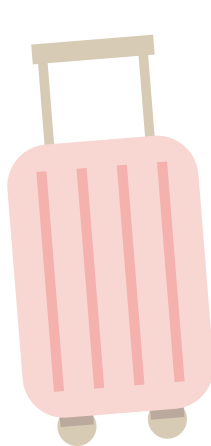
At Respite with Linda, I will have my own bed in a bedroom that I will share. There are always fresh sheets on my bed and a fresh towel for me to have a shower or bath.



At Respite with Linda, there are lots of fun activities for me to do like Lego, Arts and Craft, Little People toys, and gaming options like iPads and the Nintendo Switch.



While I am at Respite with Linda, we will go out on exciting excursions. We will all travel together in the van. We might go to places like playgrounds and parks, the beach or a creek to explore in. Sometimes I will have my own backpack to borrow for the day or we will have a picnic lunch together.



On Sunday afternoon at 4pm, my Mum, Dad or Carer will pick me up from Respite with Linda. I will have my bag or suitcase packed with all of the things I bought with me, as well as any craft or baking we did over the weekend, to share with our families.