



**Respite**  
*with Linda*



**28-30 MARCH**



**REGISTERED  
NDIS  
PROVIDER**

**GETTING CREATIVE AT HOME BASE**

**ARENA ATOMICA**



Saturday @



Respite  
with Linda



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## GETTING CREATIVE AT HOME BASE

On Saturday we were expecting some wild weather so we decided to bunker down at home base and get creative. We enjoyed watching a movie, getting creative with the posca paint pens and of course, baking! Vanilla slice, puffy dogs and fresh hot cross buns were on the menu, yum! We finished the day off with a quick walk with our headlamps while the rain took a break and we were able to observe how the rain had effected our local area.

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soon?

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## ARENA ATOMICA

On Sunday, the sun returned and shone bright and hot! We ventured into South Bank for a picnic lunch and to check out the Arena Atomica show. We met some star athletes who are famous for their skateboarding skills and have been to the olympics, even a girl named Coco who is only 15 years old! A scientist joined the host on stage and we learnt about the physics behind skateboarding and all about how skateboarding came to life in the 1970's!



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In the spirit of reconciliation, Respite with Linda acknowledges Country and the traditional Custodians of the land, seas and waterways where we live, work and play.

Respite with Linda and all its staff respect local Kabi Kabi, Jinibara and Turrbal Aboriginal elders, past and present and their continued determination to keep culture alive and strong.



## *It's nearly school holidays!*

After a bit of a wild term 1 of 2025, it is nearly time for everyone to rest and recharge before a busy term 2. Now is the perfect time to look ahead in your calendars and plan when you'd like some respite in the coming school term. We look forward to hearing from you!

[ANSWER 5 MIN SURVEY HERE](#)

